

# The Legal Model Sprint

Full curriculum, tools, and programme details

4-week AI empowerment programme for legal professionals

Next cohort: 13 April to 8 May 2026 | 20 participants maximum

## WHAT IS THE SPRINT

A four-week hands-on online programme where legal professionals learn to use AI the way it actually works, and leave with documented workflows their entire team can run.

This is personal transformation, not a passive course. You build. You present what you built. You leave with skills and workflows that work on Monday morning.

Team-wide AI transformation is what we offer through our consulting engagements. The Sprint empowers you individually. That distinction matters.

## WHAT YOU WALK AWAY WITH

- 01 Your first AI workflow**

A documented, reusable workflow for a task you currently spend hours on every week. Contract review, regulatory analysis, memo drafting: you choose what matters to your work.
- 02 The skill to build more**

You will understand how models think, how to structure context, and how to design workflows. Skills that transfer to any AI platform, today and tomorrow.
- 03 Your personal AI toolkit**

Purpose-built AI assistants that guide you through every stage: finding the right tasks, building workflow files, and improving your prompts.
- 04 Confidence on ethics and confidentiality**

How to use AI responsibly in a legal context: what data goes where, how to protect privilege, and how to answer the hard questions.
- 05 A professional certificate**

Complete the sprint and present your workflow to earn a shareable certificate from The Legal Model. Not participation. Completion.

## PROGRAMME STRUCTURE

## The full four-week schedule

### Before day one

The experience begins on sign-up. You receive a purpose-built AI assistant (the Discovery Interview) that interviews you about your daily work: your tasks, pain points, and workflows. By session one, we know your role, practice area, and low-hanging fruits. We can tailor examples and recommendations to your actual work.

### Week 1: The wake-up

**Monday 13 April, 16:00 CEST: Session 1, AI literacy for legal professionals** (2 hours). The honest picture of where AI is right now: capability, speed, investment, trajectory. Context windows, model selection, reasoning versus speed, prompt design for legal work. Ethics and confidentiality module: hallucination risks, privilege considerations, confidentiality safeguards. You run your first structured legal task live in the session.

**Assignment 1** (self-paced, async). Pick your most repetitive weekly task. Build a prompt that handles 80% of it. Document what worked and what did not.

**Friday 17 April, 16:00 CEST: Check-in call** (1 hour). Not optional. This is the accountability rhythm. Progress, reflections, troubleshooting.

### Week 2: Apply and reflect

Intentional lighter week. Continue working on assignment 1.

**Wednesday 22 April, 16:00 CEST: Build session** (optional, 1 hour). Hands-on troubleshooting. Bring your assignment, questions, frustrations. Session 1 recording available for review.

### Week 3: Build

**Tuesday 28 April, 16:00 CEST: Session 2, Projects, workflows and scaling** (2 hours). Projects (persistent context), markdown skill files, workflow automation. Building workflows your whole team can use. Personalised recommendations: based on your discovery interview data, we recommend two to three specific workflows. You choose. You own it.

**Assignment 2** (self-paced, async). Build a reusable workflow for your chosen task. Define the steps, the template, the constraints. Make it something a colleague could run without your help. The Workflow Builder AI assistant guides you.

**Friday 1 May, 16:00 CEST: Check-in call** (1 hour). Progress updates, peer support, troubleshooting.

## Week 4: Ship and share

**Wednesday 6 May, 16:00 CEST: Build session** (optional, 1 hour). Final refinements and peer feedback.

**Friday 8 May, 16:00 CEST: Closing session, Show and Share** (1.5 hours). Present what you built, see what others created, earn your certificate.

	Live sessions	Self-paced work	Total
Core programme	7.5 hours	4 to 5 hours	Approx. 12 hours over 4 weeks
Incl. optional build sessions	9.5 hours	4 to 5 hours	Approx. 14 hours over 4 weeks

### YOUR AI TOOLKIT

You do not just learn about AI. AI helps you learn. You receive purpose-built assistants available for Claude, ChatGPT, and Gemini.

### The Discovery Interview

*When: Before session 1*

Interviews you about your daily and weekly tasks. Produces a ranked list of tasks by AI automation potential. By session one, we know exactly where your quick wins are.

### The Workflow Builder

*When: During assignment 2 (week 3)*

Takes a task description and helps structure it into a proper reusable workflow file, complete with steps, templates, and quality checks.

### The Prompt Improver

*When: Available throughout*

Reviews your existing prompts and workflows. Flags what is vague. Returns an improved version with clear explanations.

### ETHICS AND CONFIDENTIALITY

Legal professionals need to know they can use AI without compromising their obligations. This is not a sidebar topic in the Sprint. It is woven throughout.

**Hallucination risk:** How to verify AI outputs. When to trust, when to double-check.

**Privilege and confidentiality:** What data goes into which tools. Cloud versus local processing. Data retention policies of major platforms.

**Bar complaint prevention:** Responsible use frameworks. What constitutes unauthorised practice support versus legitimate AI assistance.

**Ethical AI use:** Disclosure obligations, supervision responsibilities, client consent considerations.

Session 1 covers these topics in depth. The workflows you build in weeks 3 and 4 incorporate these safeguards by design.

**TOOL REQUIREMENTS**

You need access to one frontier AI model. All three supported tools work for the full programme.

Tool	Status	Notes
Claude Pro (Anthropic)	Recommended	Largest effective context window, strongest legal reasoning, Projects for persistent context.
ChatGPT Plus (OpenAI)	Supported	Strong reasoning, Custom GPTs. Slightly weaker on long-document work but fully viable.
Gemini Advanced (Google)	Supported	Large context window, Google Workspace integration. Newer for legal use cases.
Microsoft Copilot	Not supported	Undisclosed context window, limited control over model behaviour. Not suitable for workflow building.

We teach with Claude because it is currently the strongest tool for legal work. But we are not a Claude reseller. We are tool-agnostic by principle. Everything we teach transfers to any platform. Our recommendation is reviewed before every cohort.

If Copilot is all your organisation provides, a personal Claude Pro subscription costs 20 euros per month. For what you will build in this sprint, it is a worthwhile investment.

**CERTIFICATION**

Participants who complete the programme receive a professional certificate from The Legal Model, designed to be shared on LinkedIn.

**Requirements:**

Attend (or watch recordings of) all core sessions. Complete both assignments. Present a working workflow in the closing session.

The certificate states what you achieved, not just that you attended. Framing: "Built and deployed a functional AI workflow for [your specific use case] as part of an intensive 4-week AI empowerment programme."

This is a professional completion credential from The Legal Model. Formal CLE accreditation is on the roadmap for future cohorts.

**PRICING**

€1,450 per person (excluding VAT).

**Includes:** all live sessions, AI toolkit (3 purpose-built assistants), personalised workflow recommendations, assignments with feedback, build sessions, closing presentation, and professional completion certificate.

**Colleague discount:** bringing someone from your department? Contact us for team pricing. Transformation sticks better when colleagues go through it together.

**Webinar attendees:** use code SPRINT15 within 48 hours of the webinar for 15% off (€1,232.50 excl. VAT).

Limited to 20 participants per cohort.

#### WHO IT IS FOR

General counsels, legal ops leads, compliance officers, and in-house lawyers who want to move beyond experimentation. People who have tried AI tools but have not found a sustainable way to integrate them into real work. Professionals outside the Netherlands who want access to the same depth we deliver in our Amsterdam programmes.

Not for people looking for a passive lecture series. We ask you to build. That is what makes it work.

#### ABOUT THE LEGAL MODEL

**Chris Kwiatkowski:** AI transformation strategist. Has empowered legal and enterprise teams across Europe to use AI, not just talk about it.

**Yannick Bakker:** Practising lawyer and legal tech consultant. Builds the workflows. Speaks your language. Knows which problems are real and which are noise.

**Maike Roet:** Founder of House Legal, the Dutch legal staffing firm. Connects the legal profession to what comes next.

We do not sell tools. We do not have a platform to push. We teach you how to think about AI so you stay ahead, regardless of which tool leads next quarter.

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Ready to join? Reserve your spot at [thelegalmodel.com/sprint](https://thelegalmodel.com/sprint)

Questions? [contact@thelegalmodel.com](mailto:contact@thelegalmodel.com)